



Catering Menu

Family caterers of quality food for any occasion

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Image one - crispy chicken and salad wrap, Image two - ham, tomato and cheese sandwiches; chicken, rocket and mayo sandwiches; roast beef with fruit chutney and cheese sandwiches

Sandwiches

RIBBON/POINT SANDWICHES OR WRAPS

\$5 per round of sandwiches (4 points).

Salad rolls with chicken or vegetarian options

Sweet chilli chicken with capsicum

Chicken and avocado

Chicken, spring onion and mayo / chicken, sundried tomato and mayo / chicken, rocket and mayo

Crispy chicken and salad (wraps only)

Falafel and tzatziki with salad (wraps only) v

Roast beef with fruit chutney and cheese

Ham, tomato, cheese and mayo (avocado optional)

Silverside, sweet mustard pickles and cheese

Turkey with cranberry sauce and brie

Cheese, tomato and mayo v

Egg, spring onion, lettuce and mayo v

Carrot, cheese, lettuce, tomato, avocado *v* (egg and beetroot optional)

Salmon and cucumber with cream cheese and dill spread

Curried egg ${\it v}$

Roast pumpkin, spinach, cheese and red capsicum v

Tomato and cucumber with cream cheese v

Bacon and egg rolls

Breakfast sandwiches including sausage, egg and mushroom (optional)

Salami and cheese

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional vo / dairy free df





Image one - home baked quiche Lorraine, Image two - mini pumpkin, roasted red capsicum, leek and fetta quiches

Quiche

HOT MINI QUICHES FOR FINGER FOOD OR COLD HOME BAKED QUICHE

Mini quiche \$1pp. Cold quiche \$8pp with salad. Full quiche on its own \$35 serves 4-6.

Zucchini slice with bacon

Vegetarian zucchini slice *v* (without bacon)

Sweet potato and bacon quiche

Pumpkin, roasted red capsicum, leek and fetta quiche (without pastry gf)

Roasted vegetable frittata v gf

Mediterranean quiche (chorizo, olives, red onion, red capsicum and tomato)

Quiche Lorraine

Mushroom, red onion and cheese tart

Three cheese quiche v





Image one - creamy potato and leek soup, Image two - Cajun sweet potato and pumpkin soup

Soups

\$6pp served with crusty bread.

Thick vegetable soup vCajun sweet potato and pumpkin soup vCreamy potato and leek soup voCurried cauliflower soup vChicken and sweet corn soup
Minestrone soup vMexican 5 bean stew vChinese chicken noodle soup
Hot and sour soup v







Image one - mini bruschetta, Image two - handmade rice paper rolls, Image three - blinis

Finger Food

COLD FINGER FOOD

Figs wrapped in prosciutto with balsamic glaze (seasonal and subject to availability) \$1pp

Honeydew melon wrapped in prosciutto or parma ham \$1pp

Mini bruschetta topped with basil pesto, roasted red capsicum and goats cheese \$1pp

Italian lamb meatball bites - served with a tzatziki dip \$1pp

Roast beef and vegetable rolls ($julienned\ vegetables$) rolled in thin slices of roast beef spread with horseradish or sweet chilli mayo $\$1pp\ gf$

Grilled veggie stacks (toasted Turkish bread topped with basil pesto, grilled sweet potato, zucchini, red capsicum and aioli) \$2pp v

Goats cheese and red onion tartlets \$2pp

Blinis with creme fraiche, salmon and dill / grilled zucchini, tomato, salami, chutney and feta \$2pp

Handmade rice paper rolls with either chicken, prawn, veggies, tofu, BBQ pork or beef filling served with a peanut sauce, hoisin sauce, or sweet chilli **\$3pp** *v veo gfo*

Mini prawn rolls with avocado aioli \$3pp

HOT FINGER FOOD

Traditional homemade sausage rolls \$1pp

Spinach and ricotta sausage rolls \$1pp v

Mini quiches - vegetarian or meat fillings \$1pp v

Chicken or beef meatballs with dipping sauce **\$1pp**

Curry samosas \$1pp

Crispy mushroom arancini balls with garlic aioli $\$1pp\ v$

Chicken meatballs with sticky plum sauce \$1pp

Chicken satay skewers and peanut sauce \$1pp

Pigs wrapped in blankets (streaky bacon) with balsamic glaze \$1pp

Mini spring rolls served with either hoisin, sweet chilli or satay peanut sauce $\$1pp\ \nu$

Spinach and ricotta pastries \$1pp v

Chicken and prawn wontons with hot and sour dipping sauce \$1pp

Crispy roasties (potatoes) with garlic aioli or gravy dip \$1pp

Chinese prawn toast \$1pp

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional vegan







Image one - traditional homemade sausage rolls and spinach and ricotta sausage rolls, Image two - sweet chilli chicken bao buns, Image three - southern fried chicken strips with chipotle mayo

HOT FINGER FOOD CONT.

Chicken satay skewers with peanut sauce \$1pp

Southern style popcorn chicken with aioli \$1pp

Sweet potato empanadas \$2pp v

Vegetable or meat pasties \$2pp v

Southern fried chicken strips with chipotle mayo or garlic aioli \$2pp

Creamy tarragon chicken vol-au-vents (seasonal) \$2pp

Chicken parmi/parma balls \$2pp

Thai fish cakes with sweet chilli yoghurt dipping sauce \$2pp v gf

Mini sweet potato and haloumi fritters with lemon and mint dipping sauce \$2pp v

Mini sliders - BLT's / BBQ chicken / cheese burger / roasted veg \$2pp v

Dinner rolls with roast beef or pulled pork in gravy \$2pp

Party pies - traditional / chicken and camembert / chicken balti \$2pp

Mini chicken drumsticks \$2pp

Calamari strips with sweet chilli mayo \$2pp

Mediterranean tarts (olives, feta, tomato) \$2pp v

Tandoori chicken lollipops with mint raita (yoghurt) sauce \$2pp

Grilled Sicilian spring onions wrapped in bacon with lemon \$2pp

Thai crispy meatballs with spicy dip **\$2pp**

Bacon and corn fritters \$2pp

Gyozas - pork, prawn or beef with Chinese dipping sauce \$2pp

Chicken parmi sliders \$3pp

BBQ pork ribs \$3pp

Teriyaki salmon skewers \$3pp

Mini Greek lamb burger pittas with tzatziki \$3pp

Fried chicken or fish tacos with chipotle mayo \$3pp

Sweet chilli chicken bao buns \$3pp

Mini beef or chicken burritos/tacos \$3pp

Chinese hoisin duck pancakes \$3pp







Image one - classic prawn cocktail, Image two - chicken satay skewers, Image three - traditional chilli con carne

Hot Food

ENTREES

Can be buffet style or A-La-Carte table service. Staff costings may apply for table service. \$8pp.

Classic prawn cocktail - prawns in a rose sauce served on fresh iceberg and tomatoes

Honeydew melon wrapped in prosciutto with balsamic glaze

Any of our soups served with crusty bread (see soup section on page 4)

Nacho plate with sour cream, cheese and chilli con carne

Homestyle wedges served with sour cream and sweet chilli sauce v

Crispy chicken wings served in either BBQ or buffalo hot sauce with a dipping sauce (blue cheese dressing or garlic aioli)

Chicken satay skewers with Asian slaw

MAINS

Prices vary from \$15-20pp.

Lamb satay*

Mild chicken curry*

Lamb massaman curry*

Asian marinated pork belly served with greens*

Thai green curry*

Chicken satay* or chicken satay skewers*

Nasi Goreng (Indonesian fried rice with chicken and shrimp)

Beef stroganoff*

Lamb/beef Rogan Josh*

Indian butter chicken and roti*

Cauliflower and green pea curry* v

Traditional chilli con carne/short rib chilli*

*All served with rice.

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional vo / vegan







Image one - roast beef and roast chicken, Image two - sticky glazed BBQ ribs served with coleslaw, Image three - American style chilli cheese dogs topped with fresh onion and mustard

MAINS CONT.

Roast meats including pork, chicken, beef and lamb[^]

Christmas dinner with turkey, ham and stuffing served with roast veggies and all the trimmings

Roast beef or pork in gravy rolls

Beef lasagna[^]

Vegetable lasagna v

Slow cooked beef brisket

American style chilli cheese dogs topped with fresh onion and mustard

Osso Bucco and polenta

Lancashire hot pot (lamb chop casserole)

Fajitas or tacos with either chicken, steak, mince or crispy fish

Sticky glazed BBQ ribs served with coleslaw

Hot wings with BBQ or hot sauce served with fries

Pulled pork with chipotle mayo on fries

Lamb moussaka with Greek salad

Chinese style chicken fried rice served with your choice of lemon chicken, honey chicken, sweet and sour chicken or pork

Asian banquet dishes include handmade spring rolls, curries, soups and other favorites

Traditional Irish stew served with crusty rolls

Chinese BBQ pork fried rice

Crispy fish tacos with guacamole and salsa

Puerto Rican rice and beans v

Bollito Misto (roasted Italian sausages and root vegetables)

American meatball subs with melted cheese

Classic Italian meatballs with either spaghetti, polenta or crusty bread

^Quiches and lasagna can be served with various salads.

Roast meats can be served with roast or hot veggies or can be sliced and served cold with salads.

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional vo / vegan







Image one - warm pumpkin rocket and feta salad, Image two - spring greens salad; fresh tomato, red onion and balsamic salad and traditional coleslaw, Image three - BBQ corn on the cob with butter and black pepper

Salads

Prices vary. Either \$3-5pp or \$50 for a large tray of salad.

Spring greens salad served with a homemade salad dressing v

Homestyle potato salad with crispy bacon bits

Moroccan style couscous salad v df

Thai chopped chicken noodle salad

Warm pumpkin rocket and feta salad v

Roasted pumpkin and pearl cous cous salad \emph{v}

Greek chickpea salad with cucumber tomato and feta cheese v

Traditional (mayo) coleslaw / Asian inspired coleslaw (lime and chilli) v

Carrot and pine nut salad with citrus dressing v

Asian rice salad v

Pesto pasta salad v

Waldorf salad - apple, celery and walnuts in a mayo-based salad $oldsymbol{v}$

Fresh tomato, red onion and balsamic salad

Mexican corn salad with sour cream and lime dressing

BBQ corn on the cob with butter and black pepper

Potato, pea and mint salad with lime and coconut dressing

Roast sweet potato and mint salad with Vietnamese dressing

Mediterranean tomato salad

Nicoise salad

Creamy roasted potato and bacon with miso dressing

gluten free gf / gluten free gfo / vegetarian v / vegetarian optional vo / vegan optional veo / dairy free df







Image one - mini lemon curd tarts, Image two - jelly slice; hedgehog; choc fudge brownie and lemon slice, Image three - mini meringues

Sweet Treats

SLICES

Finger food selections \$1pp unless noted otherwise. Slices are minimum 20 pieces.

Hedgehog

Choc fudge brownie gfo

Lemon slice

Jelly slice

Sweet blineys (pancake stacks with banana, blueberry and honey or strawberry and banana with maple syrup)

Apple and sour cream slice

Apple slice

Chocolate truffles (white or dark)

Caramel slice

Blueberry crumble slice / raspberry crumble slice

White chocolate and raspberry blondie

Magic slice

Rocky road

Old style jam drops with your choice of jam

Snickers slice

Melting moments/Yo-Yos

Mini lemon curd tarts \$2pp

Mini meringues with lemon curd, cream and berries \$2pp gf veo

Mini Eton mess cups \$2pp

Italian cannoli with chocolate \$2pp

Vanilla slice \$2pp

Mini sticky date puddings with toffee sauce \$2pp

Chocolate brookies (cookie/brownies sandwiched with salted caramel butter cream - quite large) \$2pp

Mini banoffee tarts \$2pp

Custom cupcakes decorated for any occasion \$3pp

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional vo / vegan





Image one - raspberry white chocolate cake, Image two - mixed tray selection featuring triple choc muffins; white choc and raspberry blondie and carrot cake.

MUFFINS

Mini muffins \$1pp. Full size \$2pp. Minimum 20 pieces.

Apple and cinnamon

Cinnamon crumble

Triple choc chip

Blueberry

Orange and poppyseed with cream cheese frosting

SCONES

Full scone \$2pp. Minimum 20 pieces.

Scones with jam and cream

Cheese and chive scones

Apple and salted caramel scones

Lemon and blueberry scones

CAKES

Full size decorated cakes for any special occasion \$80. Finger food selections cut up as slices \$1pp. All cakes are homemade. Gluten free options available on request.

Passionfruit sponge

Banana cake

Carrot cake

Pineapple carrot cake

Hummingbird cake

Chocolate cake with chocolate ganache and cream

Rich chocolate and zucchini cake

Chocolate Malteser cake

Raspberry white chocolate cake gf

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional vo / dairy free df







Image one - pecan pie, Image two - eton mess, Image three - Iemon cheesecake

Desserts

MODERN AND TRADITIONAL DESSERTS

Sit down menu \$5pp. All served with cream, ice cream or custard.

Apple crumble and custard

Individual meringues with lemon curd, vanilla whipped cream and strawberries

Brandy snap baskets with vanilla ice-cream, white choc crisp and caramel sauce (seasonal)

Sticky date puddings with butterscotch sauce

Lemon delicious

Pavlova with whipped cream, mango and blueberries or seasonal fruits.

Italian cannoli with chocolate and pistachios

Eton mess

Individual trifles

Bread and butter puddings

Christmas fruit pudding with brandy or plain custard

Chocolate brookies (cookie/brownies sandwiched with salted caramel butter cream)

Pecan pie

French blueberry tart

CHEESECAKE

Sit down menu \$5pp. Can also be a slice for \$2pp.

Triple choc cheesecake

Lemon cheesecake

Vanilla cheesecake

Blueberry cheesecake

Salted caramel cheesecake

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional veo / dairy free df





Image one - fruit platter, Image two - cheese platter

Dessert Platters

FRUIT PLATTERS

From \$4pp.

Fruit platters can be of various sizes and may include:

- watermelon
- fresh pineapple
- rock melon
- strawberries
- blueberries
- raspberries
- grapes
- kiwi fruit
- cherries
- other seasonal fruits

CHEESE PLATTERS

\$6pp.

Platters contain a range of flavours and textures including:

- dips
- breads
- crackers
- cheese
- dried apricots
- vegetable crudites
- antipasto
- cheese stuffed peppers
- fruits
- much more

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional vo / vegan





Image one and two - grazing tables

Grazing Tables

Events of over 40 people - \$8pp. Events of under 40 people - \$10pp. Check out Fed by Jed on Instagram for more photos of our popular grazing tables!

We decorate a full table full of colourful and tasty food for your guests to mingle around and feast on. We can provide a grazing table/board for any occasion. Fed by Jed are sure to have all of your favourite nibbles from charcuterie boards with fresh sourdough and dip, fresh fruit and artisan cheeses or even mix in dessert selections. The options are endless!

Fed by Jed offer a wide range of grazing table solutions to suit your event requirements - talk to our team about what we can do for you.

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Image one - scones with jam and cream, Image two - high tea

Packages

FINGER FOOD COMBINATIONS

Please talk to us about pricing, as it is dependent on item selection.

Option 1

15 pieces of hot/cold savory finger food

Option 2

12 pieces of hot/cold savory finger foods

Option 3

8 pieces of hot/cold savory finger foods (the most popular choice for dinner time functions)

Option 4

6 pieces of hot/cold savory finger foods

Option 5

4 pieces of finger food (a great choice for afternoon or morning tea)

SIT DOWN MEAL PACKAGE

Two-course sit down meal \$25pp. Three-course sit down meal \$32.

Two-course includes a main meal and pudding or entree and main.

Three-course includes an entree, main meal and pudding.

Talk to us about the options available.

HIGH TEA

\$15 per head.

High tea is supplied on a tiered plate and includes:

- Ribbon or bite sized sandwiches
- Scones with jam and cream
- Macarons
- Canoli
- Brandy snaps with vanilla whipped cream (seasonal)
- Choc fudge brownie
- Mini lemon curd or strawberry coulis tarts
- Jelly slice
- Any of the aforementioned slices can be included in the choices for a high tea. Choose up to three of the sweet treats.
- Hot food or cold savories can also be included

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional vo / dairy free df





Image one - sandwich catering box, Image two - all day catering

Catering

ALL DAY CATERING

Includes morning tea, lunch and afternoon tea \$25pp.

This suits business training days or staff bonding days. Talk to us about the best option for your event. Typically includes:

- Morning tea of scones, zucchini slice and mini muffins
- Lunch offering a mix of sandwiches / wraps, hot or cold finger food and a fruit platter
- Afternoon tea of a cheeseboard plus mixed sweets and slices

HOME OR BUSINESS CATERING

We also prepare catering boxes that can be delivered to your home/business. Options include, but are not limited to:

- fruit boxes
- sandwiches / wraps
- mixed sweet treat selections
- finger food
- salads

Email us for further information about catering for you business.

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FAQ's

Can you provide plates and cutlery?

We don't own plates/cutlery but we can rent them for you.

Additionally, boxes, plates, napkins etc will not be included but we can purchase these at cost. If you require these for your event please ask for more details.

Can you prepare something not listed in the catering menu?

Requests for anything not included in the catering menu are welcome. We can work with you to ensure catering is tailored to suit your event and budget.

What does the pp include?

Cost per head is for food only. An extra charge of \$50 per hour per staff member applies for staff required to heat, serve and clean up.

Is there a minimum requirement to order from the catering menu?

Please note that all pricing is for a minimum of 20 guests. Events for guests less than 20 may incur an increased per person charge dependent on selections and circumstances surrounding your event.

Is GST included in the listed pricing?

Please note that GST must be charged for jobs and is not included on the price list. Thank you for your understanding.

Do you prepare my event?

The Fed by Jed team will come out to your home/business/kitchen and heat up, plate up and clean up after your event. Please note however that hot food drop-off depends on location.

Can prices ever vary from those listed in the catering price list?

Prices may vary depending on requests for quantities or items not listed in the above options. All requests or suggestions welcome. Prices are also subject to change without notice but we always do our best to keep our prices up-to-date.

Have more questions not covered in our FAQ's? Looking for further information on what Fed by Jed can do to cater for your event? Please get in touch with us via email: fedbyjedcatering@gmail.com or send us a message on Facebook or Instagram.

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Image one - pork ramen bowl from the home delivery menu, Image two - Meal Prep Menu meals including grilled fish served with Greek salad; Italian meatballs in ragu served with zucchini spaghetti; chilli con carne served with steamed jasmine rice; chicken curry served with steamed jasmine rice, Image three - Sunday roast week three of roast beef served with roast potato, pumpkin, Yorkshire pudding, steamed vegetables and gravy

Home Delivered Meals

Did you know Fed by Jed also offers a range of home delivered ready-to-heat meals? Take the stress out of organising your weekly meal planning with our range of tasty chef prepared dishes.

Cooked locally - we offer three unique delivery menus, with something for everybody. Just heat your Fed by Jed meal when you're ready to eat! #haveyoubeenfedbyjed

ORIGINAL HOME DELIVERY MENU

Price range \$4-\$100.

This is our most extensive home delivery menu. The home delivery menu offers snacks, main meals, desserts and family meal packs. Providing traditional favourites and international cuisine. In the menu you will find a large range of meals such as – arancini balls, potato salad, bangers and mash, garlic prawns, nasi goreng, teriyaki salmon, chilli dogs, BBQ brisket, lasagna, apple pie, churros and so much more!

Email us for a copy of the home delivery menu.

MEAL PREP MENU

\$12 each or 6 for \$60.

If you are looking for tasty meals but are conscious of what you consume - this menu is for you! The Meal Prep Menu offers a range of healthy home-cooked meals perfect for weekly meal prep. The menu has been designed to offer healthier choice meals to help you achieve your goals for weight loss or healthy eating. In the menu you will find vegetarian curry, grilled pork chop, chicken souvlaki, beef satay and more.

Email us for a copy of the Meal Prep Menu.

SUNDAY LUNCH WITH JED

\$12 each / \$14 lamb week.

The traditional Sunday roast, delivered to your door Sunday morning. Sunday lunch with Jed is a weekly rotating menu of roast meals including pork, chicken, beef and lamb paired with vegetables and gravy.

Email us for a copy of the Sunday lunch with Jed menu.

DIETARY REQUIREMENTS gluten free gf / gluten free gf / vegetarian v / vegetarian optional vo / vegan optional vo / vegan



We are a family team of caterers that can provide quality food for any occasion you have in mind. From morning tea for your business meeting to family occasions or sit down weddings.

We have years of experience in the food industry, so we hope to blow your mind with our diverse catering menu. Our team understand that every event has a purpose and treat every catering opportunity with respect, fun, style and imagination.

Fed by Jed love our region and catering events in our community. Let us customise a menu package specially designed for your needs.

Contact Fed by Jed Catering

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Phone (Jordi Ellingham): 0498 958 083 / 03 5281 9294 (leave a voicemail and we will get back to you as soon as possible)

Find Fed by Jed on Facebook & Instagram to see previous jobs